

Health & Safety

In-House Certification

Emergency First Aid at Work

A one day Health and Safety Approved course designed for Companies whereby a risk assessment has ruled out the 3 day First Aid at Work Course, dependent upon the number of people employed and the type of injury that could possibly occur.

Aim: To achieve the HSE Approved 'Emergency First Aid at Work' Certificate which is valid for 3 years

Benefits: Participants will be able to carry out life saving practices dealing with emergency situations and services effectively as required by HSE.

Programme:

- ◆ Welcome and Introduction to the Course
- ◆ Aims and Objectives
- ◆ Dealing with the unconscious casualty
- ◆ Choking
- ◆ Shock
- ◆ Seizures
- ◆ Managing an incident
- ◆ Basic hygiene/Use of barriers
- ◆ Recovery positions
- ◆ Cardio Pulmonary resuscitation
- ◆ Wounds/bleeding
- ◆ Minor injuries

Approach: This programme uses a mixture of practical sessions and instructions.
(Ladies are advised to wear trousers)

(HS-04 HS-04-1)

